



# *Sherwin Williams Mindful Gray Color Palette*

## *Whites and Neutrals*



Eider White



Pure White



Extra White



Pearly White

## *Accent Colors*



Breathless



Bracing Blue



Urbane Bronze



Homberg Gray

## *How to Use this Color*

Mindful Gray is a gorgeous greige paint color with green undertones as well as a touch of violet. It looks great everywhere, on walls, cabinetry, exterior, etc. The only place I wouldn't consider using it is in a room with little natural light. In this case the green undertones really show through.

Mindful Gray pairs really well with warm whites, crisp whites, dark grays and greens, blues and blushes. This is a mid tone color that is a neutral, will show off your artwork, but also has enough depth that it will have it's own personality.

*At Lane and High*

# How to Choose a Paint Color

1. Choose a paint color family such as gray or white.
2. Buy samples of some of the colors. You can buy them at the paint store for a few dollars or you can go to [Samplize.com](https://www.samplize.com) and they will mail you a peel-and-stick sample of your colors.
3. Put the samples on the walls and look at them over the course of a few days in different lights.
4. Choose which color is right for you!

# Paint Sheen Guide

Different paint sheens are used in different areas of your home for a reason. This guide will give you an idea of what sheen you should use for your project.

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Flat - Flat paint is used for walls. Flat paint looks great and hides a lot of imperfections in drywall. It's not recommended to be used in high traffic areas because it doesn't come clean well.

Eggshell and Satin - These two paint sheens are virtually the same. These are great for walls because they clean up well but they don't hide imperfections the way flat paint does. You can also use these sheens if you are painting a piece of furniture.

Semigloss - Semigloss is generally used on walls in high-moisture areas such as kitchens and bathrooms. This protects walls from moisture. This is also the best product to use on trim.

Gloss - This sheen is rarely used except for trim, doors, and other architectural features (such as board and batten or shiplap). It's rarely used because it leaves your project with a very shiny look.

# Painting Supplies

Painting a room is a great project even for the beginner DIY'er. It provides a huge impact for a little amount of time and money. Here are the supplies you need to paint a room yourself.

Paintbrush

Roller and roller cover

Paint Tray

Can Opener

Drop Cloth

Painters Tape

Note: If you want a good finish on your walls it's important to use high quality products. If you use a cheap brush or roller cover they will shed on your walls.

If you use cheap painters tape the paint will bleed underneath. If properly cleaned you can reuse these products over and over again.